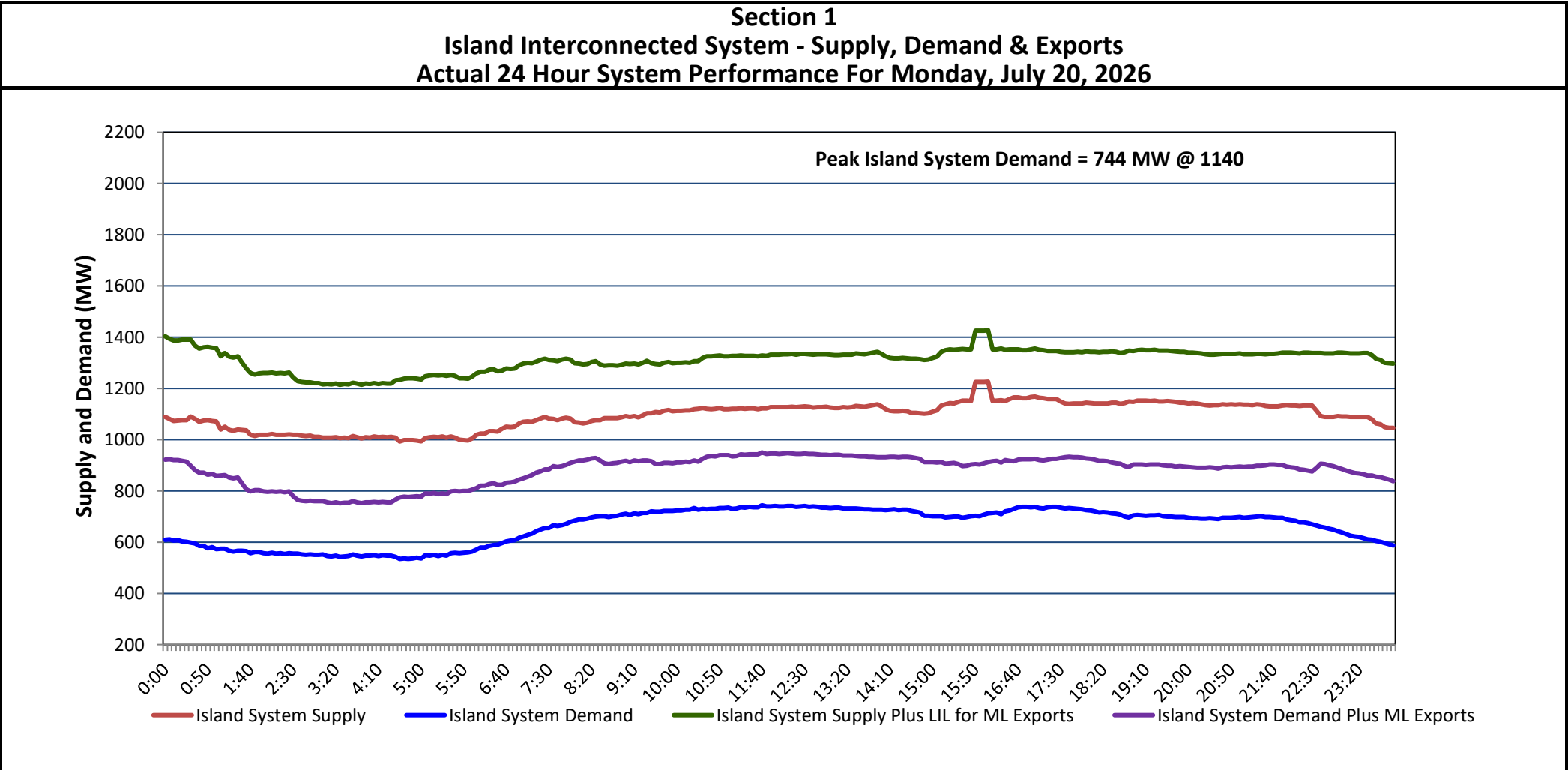


Newfoundland Labrador Hydro (NLH)

Supply and Demand Status Report Filed Tuesday, July 21, 2026



Island Supply Notes For July 20, 2026 ¹	
A	As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
B	As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
C	As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
D	As of 0701 hours, May 24, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW).
E	As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
F	As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW).
G	As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW).
H	As of 0239 hours, June 30, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
I	As of 0809 hours, July 05, 2026, Bay d'Espoir Unit 7 unavailable due to planned outage (154.4 MW).
J	As of 0905 hours, July 14, 2026, Stephenville Gas Turbine unavailable due to planned outage (50 MW).
K	At 1549 hours, July 20, 2026, Bay d'Espoir Unit 2 available (76.5 MW).
L	At 1608 hours, July 20, 2026, Bay d'Espoir Unit 5 unavailable due to planned outage (76.5 MW).

Section 2 Island Interconnected System - Supply, Demand & Outlook					
Tue, Jul 21, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)		
			Forecast ⁸	Adjusted ⁶	
Island System Supply: ⁴	1,109 MW	Tuesday, July 21, 2026	765	715	
NLH Island Generation: ^{3,7}	680 MW	Wednesday, July 22, 2026	770	720	
NLH Island Power Purchases: ⁵	100 MW	Thursday, July 23, 2026	805	755	
NP and CBPP Owned Generation:	200 MW	Friday, July 24, 2026	785	735	
LIL Net Imports to Island: ⁹	129 MW	Saturday, July 25, 2026	745	695	
7-Day Island Peak Demand Forecast:	805 MW	Sunday, July 26, 2026	750	700	
		Monday, July 27, 2026	770	720	

Island Supply Notes For July 21, 2026	
Notes: 1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted. 2. As of 0800 Hours. 3. Gross continuous unit output. 4. Gross output from all Island sources (including Note 3). 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable). 6. Adjusted for interruptible load and the impact of voltage reduction when applicable. 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine. 8. Does not include ML Exports. 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.	

Section 3			
Island Peak Demand and Exports Information			
Previous Day Actual Peak and Current Day Forecast Peak			
Mon, Jul 20, 2026	Island Peak Demand ¹⁰	11:40	744 MW
	Exports at Peak		206 MW
	LIL Net Imports to Island		2,900 MWh
Tue, Jul 21, 2026	Forecast Island Peak Demand		765 MW
Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).			